

# WESTERN PROVINCE FIXTURES 2022

**Black – Road Running dates as from 2021**

**Blue - Road - Running dates letter receive from clubs**

**Green – Cross Country**

**Green – Race Walking**

**Pink – Not affiliated to WPA**

# January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 New Year's Day	2
3	4	5	6	7	8 Hohenort 15km	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Curro Brackenfell 10 /5km	23
24	25	26	27	28	29	30 Bay to Bay 30km
31						

# February 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5 Spartan Harriers Firgrove Challenge 15km	6
7	8	9	10	11	12	13
14	15	16	17	18	19 Race Walk Grand Prix 1	20 Cape Peninsula Marathon 42 / 21km
21	22	23	24	25	26 Top Form 1Up 10 / 5km	27
28						

# March 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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	1	2	3	4	5 Century City 10/km	6 Red Hill 42km
7	8	9 Crazy Store Lighthouse 10km	10	11	12 Constantia Village K-Way 15 /15W/ 5km	13 Cape Cycle Tour
14	15	16 Sanlam 10/5km	17	18	19 LCC Weskus 42/21/10/5km	20 Milkwood 21/10/5km
21 Human Rights Day Tyger Run/Walk 21 / 10 / 5km	22	23	24	25	26 Ravensmead 15/ 10W / 5km	27 AVOB Tygerberg 30km
28	29	30	31			

# April 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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				1	2	3
					Ramadan starts	SPAR Ladies
4	5	6	7	8	9	10
11	12	13	14	15 Good Friday	16 Two Oceans 21.1 km	17 Two Oceans 56km
18	19	20	21	22	23	24
25	26	27 Freedom Day 10km Freedom Day Run - Langa Velocity 21km	28	29	30	

# May 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 Workers Day  SISSA/UCT Memorial 10km
2  Safari 21/10km Public holiday	3  Ramadan ends Eid al Fitr	4	5	6	7  Easterns 15 /6km Race Walk Grand Prix 1	8
9	10	11	12	13	14  Cross Country 1	15  Cape Town 12km CITYRUN
16	17	18	19	20	21  Cross Country 2	22  False Bay 50/10
23	24	25	26	27	28	29  Langa 42/10/5km
30	31					

**June 2022**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4 UWC Fast & Flat 10 km / 4 km	5 Cross Country 3
6	7	8	9	10	11 WPA Youth Challenge 3/5km	12
13	14	15	16 Youth day RCS Gugulethu 10 / 4.2km	17 Special school holiday	18 Spookhill 15 / 5km	19 Father's Day K-Way VOB Table Mountain 16km
20	21	22	23	24 Schools close	25 Mamre 21 / 5km	26 Cross Country 4
27	28	29	30			

# July 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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				1	2 Eerste River 15 km / 5km	3 Cross Country 5
4	5	6	7	8	9 Bonteheuwel 10km	10
11	12	13	14	15 CT Festival 100 / 50km	16 CT Festival 100 / 50km Team Relays 5 x 5	17 CT Festival Classic 21km
18 Schools open	19	20	21	22	23	24 Cross Country Relay
25	26	27	28	29	30 Cross Country 6 Curro Brackenfell 21/5km	31 Paint Lab Pinelands 10 / 5km

# August 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7



					Atlantis 21/5km	
8 Special school holiday	9 Women's day  Totalsports Women's Race 10 / 5km	10	11	12	13  WPA Cross Country Championships Puffer 80km	14  John Korasie 30km
15	16	17	18	19	20  Race Walk Grand Prix 2	21  Satori Camel Run 16km
22	23	24	25	26	27	28  Comrades  Khayelitsha 21/10 km
29	30	30				

# September 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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			1	2	3 Tekkie Challenge 21/10km	4 Langa Company Relay
5	6	7	8	9	10 Elsies River 10 / 5km	11 Chapman's Peak 21/10km
12	13	14	15	16	17 Old Mutual 10 /5km (The Gun Run Back up date) WPA Race Walking Champs	18 The Gun Run 21/10 / 5km
19	20	21	22		24 Heritage Day Nantes 10 / 10W / 5km Goodwood Harriers 10km	25
26	27	28	29	30		

# October 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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					1 Nedbank 10 / 5km West Coast 21/10/4km	2 Big Walk ARD 10/5km Voet of the Wine 21/10/5km
3	4	5	6	7	8 Bakgat 10km UWC Street mile	9 Ommiedraai 10 / 5km
10	11	12 Silver Queen 10km	13	14	15 SANLAM Cape Town Marathon Relay & Fun Runs + Peace Trail Runs 22/11km	16 SANLAM Cape Town Marathon 42 / 10km
17	18	19 ATC Sunset Team Time Trail 4 x 3km	20	21	22	23 OPTIMUM / Melkbos 15km
24	25	26	27	28	29 Table View High School 10 / 5km	30 Don Lock 15 / 8km
31						

# November 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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	1	2	3	4	5	6 Landmarks 21 / 6km
7	8	9	10	11	12 Art & Office Edgemead 10 / 5km	13 MSA Multi Sport 10/5km
14	15	16	17	18	19	20 K-Way Grape Run 21 / 14 / 5km  Langa Company Relay
21	22	23	24	25	26 Sportsman's Warehouse Winelands Marathon 42 / 21km	27 Langa Company Relay Mitchells Plain Titan's 21 / 10 / 5km
28	29	30 Sanlam Niel Joubert Plaaswedloop 13km				

# December 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 Phoenix Challenge 10/5km	4 Slave Route Challenge
5	6	7 Metropolitan 10km	8	9	10 AVBOB 15km	11 Bottelary 21/5km
12	13 Sundowner 10km	14	15	16 Reconciliation Day RCS Gugulethu Reconciliation Day 10/4.2 km	17	18
19	20	21	22	23	24	25 Christmas day
26 Goodwill Day Tokai Manor House 16 / 8km	27	28	29	30	31 Runner's Memorial 8km	