

Date	DAY	EVENT	DIST	TIME	VENUE	CLUB	CONTACT PERSON	CONTACT NO	EMAIL	WEBSITE
2026/01/03	Sat	Beachcomber	15km, 5km		Strandfontein Pavillion	Stragglers AC	Tavon Pieterse	829265840	Mammoo1@gmail.com	
2026/01/03	Sat	Beachcomber	10km Walk		Strandfontein Pavillion	Stragglers AC	Tavon Pieterse	829265841	Mammoo1@gmail.com	
2026/01/10	Sat	Hobosort 15 Km	15km		Alphen Centre, Constantia	Pindlands AC	Wendal Smith	731774334	chairman@pindlandsathleticclub.co.za	www.pindlandsathleticclub.co.za
2026/01/10	Sat	Leo Benning 1 & Little Athletics			Parow Athletics Track	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/01/18	Sun	Bay to Bay	30km		Camps Bay /Hout Bay	Topform	Russell Mdl	845455851	Russelndh5@gmail.com	
2026/01/18	Sun	Bay to Bay	15km		Camps Bay /Hout Bay	Topform	Russell Mdl	845455851	Russelndh5@gmail.com	
2026/01/23	Fri	WPA Combined Events & League 1			Parow Athletics Track	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/01/24	Sat	WPA Combined Events & League 1			Parow Athletics Track	WPA	WPA Office	214183233	events@wpaathletics.co.za	www.wpa.org.za
2026/01/24	Sat	Red Hill Classic and Marathon	36km		Fish Hook Sports Fields	FHAC	Zeta Booysen	715864806	race@fishhookac.com	https://www.fishhookac.com
2026/01/24	Sat	Red Hill Classic and Marathon	42km		Fish Hook Sports Fields	FHAC	Zeta Booysen	715864806	race@fishhookac.com	https://www.fishhookac.com
2026/01/24	Sat	Red Hill Classic and Marathon	13km		Fish Hook Sports Fields	FHAC	Zeta Booysen	715864806	race@fishhookac.com	https://www.fishhookac.com
2026/01/31	Sat	Brackenfell 10km	10km		Meridian School, Pinhurst	Brackenfell RC	Andries du Preez	833024620	demccarthy8@gmail.com	https://www.fishhookac.com
2026/01/31	Sat	Brackenfell 10km	5km Fun Run		Meridian School, Pinhurst	Brackenfell RC	Andries du Preez	833024620	demccarthy8@gmail.com	
2026/01/31	Sat	Hoka Half	21km, 10km		Green Point	Cape Multiport Club	Ruan Eygelaar		info@hokahalf.co.za	
2026/02/07	Sat	Spartan Harriers Firgrove Challenge with Discovery Vitality	21km		Cape Academy for Maths and Science Firgrove Way, Tokai	Spartan Harriers	Kyle Niddrie	829262333	racedirector@spartanharriers.co.za	www.topevents.co.za
2026/02/07	Sat	Spartan Harriers Firgrove Challenge with Discovery Vitality	10km		Cape Academy for Maths and Science Firgrove Way, Tokai	Spartan Harriers	Kyle Niddrie	829262333	racedirector@spartanharriers.co.za	www.topevents.co.za
2026/02/07	Sat	WPA Little Athletics & League 2			Parow Athletics Track	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/02/08	Sun	WPA 5km/1km Champs			Parow Athletics Track	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/02/11	Wed	Crazy Store Lighthouse TEN Night Race	10km		Rocklands Beach, Sea Point Promenade	Walmers A.C	Top Events	215117130	info@topevents.co.za	https://www.topevents.co.za/contact-us/
2026/02/11	Wed	Crazy Store Lighthouse TEN Night Race	5km Fun Run		Rocklands Beach, Sea Point Promenade	Walmers A.C	Top Events	215117130	info@topevents.co.za	https://www.topevents.co.za/contact-us/
2026/02/14	Sat	WPA Masters Leo Benning 2			Parow	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/02/14	Sat	WPA League 3			Parow	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/02/15	Sun	Babylon Cape Peninsula Marathon and Half	21.1km		Simons Town Naval Base	Celtic Harriers	Cleim Muller	829973252	info@celticharriers.co.za	www.celticharriers.co.za
2026/02/15	Sun	Babylon Cape Peninsula Marathon and Half & WPA 42km Champs	42.2km		Simons Town Naval Base	Celtic Harriers	Cleim Muller	829973252	info@celticharriers.co.za	www.celticharriers.co.za
2026/02/20	Fri	SPAAC: In Search of Olympians			SPAAC	SPAAC	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/02/21	Sat	SPAAC: In Search of Olympians			SPAAC	SPAAC	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/02/22	Sun	ABAX Investment Milkwood Run	21.1km		Soetwater Resort	Harfield Harriers	Richard	826436186	info@milkwodrun.co.za	www.milkwodrun.co.za
2026/02/22	Sun	ABAX Investment Milkwood Run	10km		Soetwater Resort	Harfield Harriers	Richard	826436186	info@milkwodrun.co.za	www.milkwodrun.co.za
2026/02/22	Sun	ABAX Investment Milkwood Run	5km Fun Run		Soetwater Resort	Harfield Harriers	Richard	826436186	info@milkwodrun.co.za	www.milkwodrun.co.za
2026/02/25	Wed	SANLAM 10	10km		Sanlam Head Office	Sanlam Road Running Club	Johan Douman	733328848	johan.douman@sanlam.co.za	www.wpa.org.za
2026/02/27	Fri	WPA T&F Combined Events & League 4			Parow	Parow				
2026/02/28	Sat	WPA T&F Combined Events & League 4			Parow	Parow				
2026/02/28	Sat	Century City Express	10km		Century City	Century City AC	Robin Larry	082 077 9897	robinlarry@yahoo.com	Centurycityathletics.co.za
2026/02/28	Sat	Century City Express	5km		Century City	Century City AC	Robin Larry	082 077 9897	robinlarry@yahoo.com	Centurycityathletics.co.za
2026/02/28	Sat	Summer Track and Field Series			TBC	ASA	Stillwatersports			
2026/02/28	Sat	ASA 35km Race Walking Championships			TBC					
2026/03/01	Sun	Dan Luyt 15km	15km		Aurora Bellville	Bellville AC				
2026/03/03	Tue	Summer Track and Field Series			TBC	ASA	Stillwatersports			
2026/03/04	Wed	WPA Midweek Event			Parow	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/03/05	Thu	WPA U/16, U/18, U20 & U23 Track & Field Championships			WPA U/16, U/18, U20 & U23 Track & Field Championships	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/03/06	Fri	WP High School T&F Championships			TBC	WPA	WPA Office	214183233	events@wpaathletics.co.za	www.wpa.org.za
2026/03/06	Fri	WPA U/16, U/18, U20 & U23 Track & Field Championships			TBC	WPA	WPA Office	214183234	events@wpaathletics.co.za	www.wpa.org.za
2026/03/07	Sat	WP High School T&F Championships			TBC	WPA	WPA Office	214183235	events@wpaathletics.co.za	www.wpa.org.za
2026/03/07	Sat	WPA U/16, U/18, U20 & U23 Track & Field Championships			TBC	WPA	WPA Office	214183236	events@wpaathletics.co.za	www.wpa.org.za
2026/03/07	Sat	Constantia Village Totalsports VOB 15km	15km		Constantia Village Shopping Centre	Totalsports Varsity Old Boys	Malcolm Collins	823777833	racedirector@totalsportsvob.co.za	
2026/03/07	Sat	Summer Track and Field Series			TBC	ASA	Stillwatersports			
2026/03/08	Sun	WP High School T&F Championships			TBC	WPA	WPA Office	214183236	events@wpaathletics.co.za	www.wpa.org.za
2026/03/08	Sun	WPA U/16, U/18, U20 & U23 Track & Field Championships			TBC	WPA	WPA Office	214183236	events@wpaathletics.co.za	www.wpa.org.za
2026/03/10	Tue	Summer Track and Field Series			TBC	ASA	Stillwatersports			
2026/03/11	Wed	WPA Midweek Event			Parow	WPA	WPA Office	214183231	events@wpaathletics.co.za	www.wpa.org.za
2026/03/13	Fri	WC High Schools Championships			TBC					
2026/03/14	Sat	WC High Schools Championships			TBC					
2026/03/15	Sun	WC High Schools Championships			TBC					
2026/03/15	Sun	AVBOB 30 km	30 km		Parow Athletic Track	Tygerberg	Leon Thelander	839996450	leonthelander2@gmail.com	
2026/03/20	Fri	WPA Seniors, Combined Events & Masters Championship			TBC	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/03/21	Sat	Tyger Run/Walk with Discovery Vitality	15km		Tygervalley	Durbanville Athletics Club	Awie de Swardt	825613583	Awiedesward01@gmail.com	https://www.facebook.com/TygerRunWalk/
2026/03/21	Sat	Tyger Run/Walk with Discovery Vitality	6km		Tygervalley	Durbanville Athletics Club	Conrad Meier	825613583	Awiedesward01@gmail.com	https://www.facebook.com/TygerRunWalk/
2026/03/21	Sat	WPA Seniors, Combined Events & Masters Championship			TBC	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/03/26	Thu	ASA Sub Youth, Youth, Junior & U23 Championships								
2026/03/27	Fri	ASA Sub Youth, Youth, Junior & U23 Championships								
2026/03/28	Sat	Ravensmead	15km							
2026/03/28	Sat	Ravensmead	10km Walk		Florida Park	Ravensmead AC	Sean Davids	836434883	ravensmeadac@outlook.com	
2026/03/28	Sat	Ravensmead	5km Fun Run		Florida Park	Ravensmead AC	Sean Davids	836434883	ravensmeadac@outlook.com	
2026/03/28	Sat	ASA Sub Youth, Youth, Junior & U23 Championships								
2026/03/29	Sun	SPAR Women's Grand Prix	10km		Green Point	WPA	WPA Office			
2026/03/29	Sun	SPAR Women's Grand Prix	5km Fun Run		Green Point	WPA	WPA Office			
2026/04/04	Sat	Richmond Park 10km	10km		Richmond Park, Milnerton	Velocity AC	Mario Philander	722541880 or 0812564203	marioaka9@gmail.com	
2026/04/04	Sat	Richmond Park 5km	5km Fun Run		Richmond Park, Milnerton	Velocity AC	Mario Philander	722541880 or 0812564203	marioaka9@gmail.com	
2026/04/07	Tue	ASA Grand Prix			TBC	ASA	Hezekiel Sepeng			
2026/04/09	Thu	ASA Grand Prix			TBC	ASA	Hezekiel Sepeng			
2026/04/11	Sat	ASA Grand Prix			TBC	ASA	Hezekiel Sepeng			
2026/04/11	Sat	Totalsports Two Oceans Ultra Marathon	56km		UCT Sports Grounds	TOM NPC	Race Office	212000459	info@twooceansmarathon.org.za	twooceansmarathon.org.za
2026/04/12	Sun	Totalsports Two Oceans Half Marathon	21km		UCT Sports Grounds	TOM NPC	Race Office	212000459	info@twooceansmarathon.org.za	twooceansmarathon.org.za
2026/04/17	Fri	ASA Senior T & F Champs			Coetzenburg					
2026/04/18	Sat	ASA Senior T & F Champs			Coetzenburg					
2026/04/19	Sun	Timbuhl Spookhill Challenge	15km		Beaumont Primary	Helderberg Harriers	Izette Mostert		izette@helderbergharriers.co.za	https://www.helderbergharriers.co.za/
2026/04/19	Sun	Timbuhl Spookhill 5km Fun Run	5km Fun Run		Beaumont Primary	Helderberg Harriers	Frances Abrahams		frances@helderbergharriers.co.za	
2026/04/25	Sat	WPA Cross Country Relay TBC								
2026/04/26	Sun	SAPS	10km/5km			SA Police AC	Leroy Wicomb	746529180	leewicomb@gmail.com	
2026/04/27	Mon	Tymebank Langa Run 4 Freedom	10km		Langa Stadium	Langa Stadium Langa Running Club	Aubrey Isaacs	783408251	aubreyisaacs66@gmail.com	www.langathleticclub.co.za
2026/04/27	Mon	Tymebank Langa Run 4 Freedom	10km		Langa Stadium	Langa Stadium Langa Running Club	Aubrey Isaacs	783408251	aubreyisaacs66@gmail.com	www.langathleticclub.co.za
2026/04/30	Thu	USSA Athletics Track and Field Championships			Pietermaritzburg	USSA				
2026/05/01	Fri	USSA Athletics Track and Field Championships			Pietermaritzburg	USSA				
2026/05/02	Sat	USSA Athletics Track and Field Championships			Pietermaritzburg	USSA				
2026/05/02	Sat	False Bay	50km/10km		Gordons Bay	Strand AC				
2026/05/03	Sun	ASA Marathon Champs	42km		Durban	ASA				
2026/05/03	Sun	UCT 10KM MEMORIAL RACE	10km		UCT Upper Campus	UCT	Melissa Awu	746922261	melissa.awu@uct.ac.za	
2026/05/09	Sat	WPA Cross Country Relay	Relay		TBC			214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/05/10	Sun	ABSA CAPE TOWN 10KM	10km		Woodbridge Island, Milnerton					
2026/05/16	Sat	Eastens 15 km	15km		Brackenfell Centre (Pick n Pay Hypermarket)	Eastens Kraaifontein AC	Ashley Johnson	835464520	ajukhoziv@gmail.com	www.webtickets.co.za
2026/05/16	Sat	WPA Race Walking Series 1			Youngfield	WPA	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/05/17	Sun	WPA Cross Country League 1	League 1		TBC	TBC	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/05/23	Sat	Sanlam Cape Town Marathon 5km Peace Run	5km		DHL Stadium Precinct	N/A	Barry van Blerk	825390748	barry@capetownmarathon.com	www.capetownmarathon.com
2026/05/23	Sat	Sanlam Cape Town Marathon 10km Peace Run	10km		DHL Stadium Precinct	N/A	Barry van Blerk	825390748	barry@capetownmarathon.com	www.capetownmarathon.com

2026/05/23	Sat	Sanlam Cape Town Marathon 11km Trail Run	11km		DHL Stadium Precinct	N/A	Barry van Blerk	823390748	barry@capetownmarathon.com	www.capetownmarathon.com
2026/05/23	Sat	Sanlam Cape Town Marathon 22km Trail Run	22km		DHL Stadium Precinct	N/A	Barry van Blerk	823390748	barry@capetownmarathon.com	www.capetownmarathon.com
2026/05/23	Sat	Cape Town Trail Marathon	46km		DHL Stadium Precinct	N/A	Barry van Blerk	823390748	barry@capetownmarathon.com	www.capetownmarathon.com
2026/05/24	Sun	Sanlam Cape Town Marathon	42.3km		DHL Stadium Precinct	N/A	Barry van Blerk	823390748	barry@capetownmarathon.com	www.capetownmarathon.com
2026/05/30	Sat	WPA Cross Country League 2	League 2		TBC	WPA Office	214183232		events@wpaathletics.co.za	www.wpa.org.za
2026/05/31	Sun	UWC Fast and Flat	10KM		UWC Campus	UWC AC	Glen Bentley	71488985	gbentley@uwc.ac.za	
2026/06/06	Sat	Topform 10km	10km		Turfhall/Athlone	Topform	Russell Mehl	845455851	Russelmehl5@gmail.com	
2026/06/06	Sat	WPA Race Walking Series 2				WPA	WPA Office	214183232		
2026/06/13	Sat	WPA Cross Country League 3	League 3		TBC	TBC	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/06/14	Sun	Conradie Marathon			KZN					
2026/06/16	Tue	ASA 5km and 1 Mile Chaps				ASA	Thabang Moleka			
2026/06/16	Tue	RCS Gugs Youth Day Race	10km		Gugulethu	RCS Gugulethu AC	Aubrey Shoko	824764656	aubs2131@gmail.com	
2026/06/16	Tue	RCS Gugs Youth Day Race	4.2km Fun Run		Gugulethu	RCS Gugulethu AC	Aubrey Shoko	824764656	aubs2131@gmail.com	
2026/06/21	Sun	Table Mountain	16km			VOB				
2026/06/27	Sat	Mamre	21km, 5km		Mamre Primary School	Mamre	Lesley Daniels	791116489	Lesleyd548@gmail.com	
2026/06/28	Sun	WPA Cross Country League 4	League 4		TBC	TBC	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/07/04	Sat	Eersterivier 15km	15km			Eersterivier AC				
2026/07/11	Sat	WPA Cross Country League 5	League 5		TBC	TBC	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/07/18	Sat	Cape Town Festival of Running Ultra	50km		Sea Point Promenade	Hewat AC	Winston Brooks	764896043	winston@junocrp.co.za	Instagram:crunningfest/ FB: Cape Town Festival of Running
2026/07/18	Sat	Cape Town Festival of Running 5x3 Relay	5kmx5		Sea Point Promenade	Hewat AC	Winston Brooks	764896043	winston@junocrp.co.za	Instagram:crunningfest/ FB: Cape Town Festival of Running
2026/07/19	Sun	Cape Town Festival of Running 21km & WPA 21km Champs	21km		Sea Point Promenade	Hewat AC	Winston Brooks	764896043	winston@junocrp.co.za	Instagram:crunningfest/ FB: Cape Town Festival of Running
2026/07/25	Sat	WPA Cross Country League 6	League 6		TBC	TBC	WPA Office	214183232	events@wpaathletics.co.za	www.wpa.org.za
2026/07/25	Sat	ASA 21km Championships	21km		Limpopo	ASA	Thabang Moleka			
2026/07/26	Sun	Pinelands 10 Km	10km		Pinelands Club, Lower Oval, Pinelands	Pinelands AC	Wendal Smith	731774394	wendal.smith15@gmail.com	www.pinelandsathleticclub.co.za
2026/07/26	Sun	Pinelands 10 Km	5km Fun Run		Pinelands Club, Lower Oval, Pinelands	Pinelands AC	Wendal Smith	731774394	wendal.smith15@gmail.com	www.pinelandsathleticclub.co.za
2026/08/01	Sat	Elsies 10km	10km			Elsies River AC	Bertram Windvogel	823987148	Purl_ab@qualackours.co.za	
2026/08/02	Sun	WPA Cross Country League 7								
2026/08/09	Sun	Totalsports Women's Day Race	10km		Grand Parade	Edgemead Runners	Francois Gouws	832368265	raceconvener@edgemeadrunners.org.za	www.stillwatersports.com
2026/08/09	Sun	Totalsports Women's Day Race	5km Fun Run		Grand Parade	Edgemead Runners	Francois Gouws	832368265	raceconvener@edgemeadrunners.org.za	www.stillwatersports.com
2026/08/15	Sat	WPA Cross Country Champs			TBC	TBC	WPA Office	214183233	events@wpaathletics.co.za	www.wpa.org.za
2026/08/16	Sun	John Koraasi 30km	30km		Simonstown	SANDF AC	Sinethemba Masana	60503936	Sinethembamasana@gmail.com	
2026/08/22	Sat	Bonteheuwel 10km	10km		Bonteheuwel	Bonteheuwel AC	Andy James	827076040	andyjames1666@gmail.com	
2026/08/29	Sat	WPA Race Walking Series 3				WPA	WPA Office	214183232		
2026/08/29	Sat	Chillie	10km		Chillie AC	Chillie AC	Phumlani Tina	826741368	phumlani.tina@gmail.com	
2026/08/29	Sat	Chillie	5km Fun Run		Chillie AC	Chillie AC	Phumlani Tina	826741368	phumlani.tina@gmail.com	
2026/08/30	Sun	Velocity Family Day	21km		Groot Pseantkraal View Shopping Mall	Velocity AC	Mario Philander	722541880 or 0812564203	marioaka9@gmail.com	
2026/08/30	Sun	Velocity Family Day	5x5km		Groot Pseantkraal View Shopping Mall	Velocity AC	Mario Philander	722541880 or 0812564203	marioaka9@gmail.com	
2026/09/05	Sat	Tekkie Challenge	16km		Jan Kried School	Cape Multi-sport Club	Lou Boltman	728854811	lou.armstrong79@gmail.com	https://www.jankried.org.za/events
2026/09/05	Sat	Tekkie Challenge	10km		Jan Kried School	Cape Multi-sport Club	Lou Boltman	728854811	lou.armstrong79@gmail.com	https://www.jankried.org.za/events
2026/09/05	Sat	WPA Little Athletics			Bloedown Stadium	WPA Office				
2026/09/05	Sat	ASA Cross Country Champs								
2026/09/06	Sun	KAC Road Race 10km	10km		Mandela Park Stadium	Khayelitsha AC	Nandi Mginqi	735941607	khayelitshaathleticclub@gmail.com	
2026/09/06	Sun	KAC Road Race Fun Run	5km		Mandela Park Stadium	Khayelitsha AC	Nandi Mginqi	735941607	khayelitshaathleticclub@gmail.com	
2026/09/12	Sat	OUTsurance Gun Run	10km		Vlei Rd Green Point	AAC	Lynn Davis	829990333	info@atlanticathletic.co.za	http://atlanticathletic.co.za/
2026/09/12	Sat	OUTsurance Gun Run Trail Run	18.8km		Van Riebeck Park	AAC	Lynn Davis	829990333	info@atlanticathletic.co.za	http://atlanticathletic.co.za/
2026/09/12	Sat	OUTsurance Gun Run Pet Walk	5km		Vlei Rd Green Point	AAC	Lynn Davis	829990333	info@atlanticathletic.co.za	http://atlanticathletic.co.za/
2026/09/13	Sun	OUTsurance Gun Run	21.1km		Vlei Rd Green Point	AAC	Lynn Davis	829990333	info@atlanticathletic.co.za	http://atlanticathletic.co.za/
2026/09/13	Sun	OUTsurance Gun Run Fun Run	5km Fun Run		Vlei Rd Green Point	AAC	Lynn Davis	829990333	info@atlanticathletic.co.za	http://atlanticathletic.co.za/
2026/09/19	Sat	WPA Little Athletics & T&F Non-Standard event			Atlantis	WPA Office				
2026/09/20	Sun	Chapman's Peak Half Marathon	21.1km		Hout Bay	Hout Bay Harriers	Richard	824364186	info@chapmanspeakhalf.co.za	www.chapmanspeakhalf.co.za
2026/09/20	Sun	Chapman's Peak Half Marathon	12km		Hout Bay	Hout Bay Harriers	Richard	824364186	info@chapmanspeakhalf.co.za	www.chapmanspeakhalf.co.za
2026/09/24	Thu	Nantes Heritage Day Race	10km		Vangate Sports Complex	Nantes AC	Leon Hendricks	824113913	leon.hendricks@dlkgroup.com	www.nantesac.co.za
2026/09/26	Sat	WP Leo Benning 4 & WPA Non-Standard Events			Green Point/Parow	WPA Office				
2026/09/26	Sat	Goodwood Harriers Heritage 10km Challenge	10km		Upper parking Deck N1 City Shopping Mall	Goodwood Harriers	Edward Stevens	832290602	edwardstevens74@gmail.com/goodwood	www.goodwoodharriers.co.za
2026/09/26	Sat	Goodwood Harriers Heritage 10km Challenge	5km Fun Run		Upper parking Deck N1 City Shopping Mall	Goodwood Harriers	Edward Stevens	832290602	edwardstevens74@gmail.com/goodwood	www.goodwoodharriers.co.za
2026/09/27	Sun	Voot of the Vine	21km		Zeevacht Mall	Intouch AC				
2026/09/27	Sun	Voot of the Vine	10km		Zeevacht Mall	Intouch AC				
2026/10/03	Sat	Blouberg Marathon	42km	05h30	Table Bay Mall	West Coast AC	Monique Martens	825573009	moniquemartens5@gmail.com	www.westcoastathleticclub.co.za
2026/10/03	Sat	WPA Little Athletics & T&F Non-Standard event			Bernadino Height High School	WPA Office				
2026/10/04	Sun	Blouberg Marathon	10km/5km	06h30	Table Bay Mall	West Coast AC	Monique Martens	825573009	moniquemartens5@gmail.com	www.westcoastathleticclub.co.za
2026/10/04	Sun	Blouberg Marathon	21km	06h00	Table Bay Mall	West Coast AC	Monique Martens	825573009	moniquemartens5@gmail.com	www.westcoastathleticclub.co.za
2026/10/04	Sun	DCAS/ WPA Walking Event			TBC	WPA Office				
2026/10/07	Wed	Silver Queen 10km			Ysterplaat AFB	SANDF AC	Sinethemba Masana	60503936	Sinethembamasana@gmail.com	
2026/10/10	Sat	Bakgat 10km	Bakgat 10km			Belville AC	Ronel Connors	835005649	bakracorg@gmail.com	
2026/10/11	Sun	Ommiedraai 10km Road Race	10km		Primroses Sports Facility	Ommiedraai & Friends AC	Kaashiefa Anthony	829245339	ommiedraai@gmail.com	www.ommiedraai.co.za
2026/10/17	Sat	Kloppers/Neubank race	10 km		Cape Gate Life Style Centre	Neubank	Mdu Nhleko	832789316	Nhlekom@gmail.com	
2026/10/17	Sat	Kloppers/Neubank race	5 km		Cape Gate Life Style Centre	Neubank	Mdu Nhleko	832789316	Nhlekom@gmail.com	
2026/10/17	Sat	ASA 10km Champs								
2026/10/18	Sun	Slave Route Challenge	21km		Grand Parade	Brimstone Itheko AC	Zarina Meyer	832485655	zarina@itheko.com	
2026/10/18	Sun	Slave Route Challenge	10km		Grand Parade	Brimstone Itheko AC	Zarina Meyer	832485655	zarina@itheko.com	
2026/10/18	Sun	Slave Route Challenge	5km		Grand Parade	Brimstone Itheko AC	Zarina Meyer	832485655	zarina@itheko.com	
2026/10/23	Fri	WPA Combined, Masters & Open Meeting			Green Point/Parow					
2026/10/24	Sat	WPA Combined, Masters & Open Meeting			Green Point/Parow					
2026/10/24	Sat	Melkbos	15km		Melkbos AC					
2026/10/25	Sun	Don Lock Memorial	15km		Claremont	Celtic Harriers	Glen Muller	829973252	info@celticharriers.co.za	www.celticharriers.co.za
2026/10/25	Sun	Don Lock Memorial	8km		Claremont	Celtic Harriers	Glen Muller	829973252	info@celticharriers.co.za	www.celticharriers.co.za
2026/10/31	Sat	MSA	10km							
2026/10/31	Sat	WPA Race Walking Series 4				WPA	WPA Office	214183232		
2026/11/01	Sun	Landmarks Half Marathon	21.1km		WPCC Club Rondebosch	WPCC	Mark Stryhls	832315919	running@wpcc.co.za	
2026/11/07	Sat	Sportsmans Warehouse Winelands marathon	42.2km		Eikestad Primary	Helderberg Harriers	Zette Mehlert		zette@helderbergharriers.co.za	https://www.helderbergharriers.co.za/
2026/11/07	Sat	Sportsmans Warehouse Winelands half marathon	21.1km		Eikestad Primary	Helderberg Harriers	Francois Abrahams		frances@helderbergharriers.co.za	
2026/11/07	Sat	Sportsmans Warehouse Winelands 10km	10km		Eikestad Primary	Helderberg Harriers	Feijo Meeter		feijs@helderbergharriers.co.za	
2026/11/07	Sat	Sportsmans Warehouse Winelands 5km Fun Run	5km Fun Run		Eikestad Primary	Helderberg Harriers				
2026/11/08	Sun	ARD 3 Vlei Race	10km		Fairmount Secondary School, Klip Road, Grassy Park	ARD Athletics	Mubeen Davids	760192207	secretary.ardac@gmail.com	www.ardathletics.co.za
2026/11/08	Sun	ARD 3 Vlei Race	5km Fun Run		Fairmount Secondary School, Klip Road, Grassy Park	ARD Athletics	Mubeen Davids	760192207	secretary.ardac@gmail.com	www.ardathletics.co.za
2026/11/14	Sat	Chas Everitt Edgemead 10km & WPA 10km Champs	10km		Edgemead High School	Edgemead Runners	Francois Gouws	832368265	raceconvener@edgemeadrunners.org.za	www.webtickets.co.za
2026/11/14	Sat	Chas Everitt Edgemead 10km	5km Fun Run		Edgemead High School	Edgemead Runners	Francois Gouws	832368265	raceconvener@edgemeadrunners.org.za	www.webtickets.co.za
2026/11/14	Sat	WPA Little Athletics Champs			Green Point/Parow					
2026/11/15	Sun	Totalsports VOB Grape Run	21km		Constantia	Totalsports Varsity Old Boys AC			racedirector@totalsportsvob.co.za	
2026/11/15	Sun	Totalsports VOB Grape Run	14km		Constantia	Totalsports Varsity Old Boys AC			racedirector@totalsportsvob.co.za	
2026/11/20	Fri	WPA Masters and Combined Events								
2026/11/21	Sat	MPTIams Road race	10km		Rocklands Sports field	MPTIams	Justin Valentine	829693425	justinvalentine36@gmail.com	
2026/11/21	Sat	MPTIams Road race	21km		Rocklands Sports field	MPTIams	Justin Valentine	829693425	justinvalentine36@gmail.com	

2026/11/21	Sat	WPA Masters and Combined Events							
2026/11/22	Sun	Phoenix Emancipation of Enslaved People 10km	10km	Castle of Good Hope	Phoenix AC	Fred van der Merwe	813637891	fredrick1@telkomsa.net	
2026/11/25	Wed	Metropolitan 10km	10km		Metropolitan AC	Naazneen Samsodien / Leilah Albertyn	0828586419 / 0832656172	athletics@metropolitan.co.za	
2026/11/28	Sat	WPA Open Meeting		Green Point/Parow					
2026/11/29	Sun	AVBOB 15 KM	15km	Pick'n Pay Centre, Table View	Tygerberg	Leon Thelander	839996450	leonthelander2@gmail.com	
2026/12/04	Fri	ASA Sub-Youth Championship		Rustenburg	ASA				
2026/12/05	Sat	ASA Sub-Youth Championship		Rustenburg	ASA				
2026/12/05	Sat	Zandvlei Boyes Drive Classic	15km		Zandvlei AC	Belinda Walker	833003719	belindaw@webafrica.org.za	
2026/12/05	Sat	Zandvlei Boyes Drive Classic	5km Fun Run		Zandvlei AC	Belinda Walker	833003719	belindaw@webafrica.org.za	
2026/12/05	Sat	Robben Island Memorial Run	10km	Robben Island	WPA				
2026/12/06	Sun	Robben Island Memorial Run	10km	Robben Island	WPA				
2026/12/06	Sun	TAC Summer Series		Parow Track					
2026/12/08	Tue	Growthpoint Properties Sundowner 10km	10km	Green Point Cricket Club	Easterns Kraaifontein AC	Ashley Johnson	835464520	aj.ukhozivp@gmail.com	https://www.topevents.co.za/
2026/12/08	Tue	Growthpoint Properties Sundowner 10km	5km Fun Run	Green Point Cricket Club	Easterns Kraaifontein AC	Ashley Johnson	835464520	aj.ukhozivp@gmail.com	https://www.topevents.co.za/
2026/12/11	Fri	UWC Friday Night Lights		UWC					
2026/12/12	Sat	Sport SA - Century City	10km	Century City AC	WPA	Robin Larry	082 077 9897	robinlarry@yahoo.com	
2026/12/12	Sat	WPA Race Walking Inter-Club Challenge		Youngsfield	WPA Office				
2026/12/13	Sun	Bottelary	10km/5km		Bottelary AC				
2026/12/16	Wed	Elite Speed Series		Green Point Athletics Stadium	Velocity AC	Mario Phulander	722541880 or 0812564203	mariooka9@gmail.com	
2026/12/16	Wed	Reconciliation Day 10km & 4.2km	10km	Gugulethu Stadium	RCS Gugulethu AC	Aubrey Shoko	824764656	aubs2131@gmail.com	
2026/12/20	Sun	Central AC 10km Nature Run	10km						
2026/12/26	Sat	Tokai Manor House Run	16km	Cape Academy	Southern Striders AC	Gavin Craig	765696898	gavincraig28@gmail.com	
2026/12/26	Sat	Tokai Manor House Run	8km	Cape Academy	Southern Striders AC	Gavin Craig	765696898	gavincraig28@gmail.com	
2026/12/31	Thu	Runners Memorial 8km	8km	Mouille Point Light House	Edgemead Runners	Francois Gouwus	832368265	raceconvener@edgemeadrunners.org.za	www.webtickets.co.za

Track and Field
ASA Champs
Cross Country
Race Walking