

Time Trial: September 2025		
Name		Time
Marc	Dennler	21:56
Tawanda	Mushore	22:49
Jonathan	Veeran	26:23
Blessing	Machini	27:06
Rachel	St. Leger-Denny	27:45
Hilton	Jacobson	28:37
Angelique	Pestana	30:36
Manuela	Patterson	31:05
Mike	Cerff	31:07
Karen	Jansen van Vuuren	33:25
Lebo	Papalagae	38:03
Cecil	Vezasie	38:07
Steven	Kruger	38:15
Kiara	Pillay	38:31
Alison	Ahmad	39:00
Deniel	Van Wyk	48:10
Kirsten	Thompson	48:14