



Time Trial: January 2026

Name		Time
Charles	Ngunga	0:18:02
Claude Samuel	Aryeh	0:21:07
Marc	Dennler	0:21:35
Andrew	Smith	0:22:48
Manuel Luis	De Sousa	0:22:56
Vernon	Carolus	0:23:14
Jason	Rosenstein	0:23:17
Chantel	von Saint Ange	0:23:24
Shaun	Rosenstein	0:24:43
Blessing	Machini	0:26:29
Anton	Hill	0:26:56
Catherine	Ronaasen	0:28:22
Jan-Wynand	Greeff	0:28:23
Muhammed Hussain	Ramjan	0:28:24
Jonathan Peter	Veeran	0:28:40
Eric	van der Westhuizen	0:28:50
Robin	Lary	0:28:50
Mfusi	Papu	0:28:55
Manuela	Patterson	0:30:25
Bruce	Barratt	0:30:42
Hilton	Jacobson	0:31:01
Carmen	Scultetus	0:31:03
Elizabeth	Lyne	0:31:07
Karen	Jansen van Vuuren	0:31:10
Mike	Cerff	0:31:24
Robyn	Arendse	0:36:41
Cecil	Vezasie	0:37:09
Angelique	Pestana Paiva	0:37:15
Steven	Kruger	0:37:45
Alison	Ahmad	0:40:16
Phumzile	Gubanca	0:40:23
Kiara	Pillay	0:42:37
Wardah	Facoline	0:42:38
Megan	Thomson	0:42:39
Aaron	Adams	0:45:55