

**Time Trial: November 2025**

| Name           |                    | Time    |
|----------------|--------------------|---------|
| Moses          | Leredi             | 0:18:50 |
| Wessel         | Swanepoel          | 0:18:52 |
| Tawanda        | Mushore            | 0:22:53 |
| Marc           | Dennler            | 0:23:40 |
| Chantel        | von Saint Ange     | 0:24:19 |
| Trent          | Wolff              | 0:26:06 |
| Jan-Wynand     | Greeff             | 0:26:35 |
| Robin          | Lary               | 0:27:25 |
| Eric           | van der Westhuizen | 0:27:25 |
| Jonathan Peter | Veeran             | 0:27:25 |
| Ntombi         | Nontshinga         | 0:27:43 |
| Catherine      | Ronaasen           | 0:28:25 |
| Steve          | Akester            | 0:29:11 |
| Angelique      | Pestana Paiva      | 0:30:51 |
| Susan          | Magner             | 0:30:52 |
| Lebogang       | Papalagae          | 0:30:53 |
| Anton          | Hill               | 0:31:11 |
| Bruce          | Barratt            | 0:31:21 |
| Kgalalelo      |                    | 0:31:42 |
| Chanelle       | Blaine             | 0:32:04 |
| Claude Samuel  | Aryeh              | 0:32:07 |
| Manuela        | Patterson          | 0:33:34 |
| Karen          | Jansen van Vuuren  | 0:35:16 |
| Robyn          | Arendse            | 0:36:24 |
| Steven         | Kruger             | 0:36:33 |
| Taahirah       | Isaacs             | 0:38:51 |
| Storm          | Marais             | 0:38:52 |
| Alison         | Ahmad              | 0:40:12 |
| Phumzile       | Gubanca            | 0:43:02 |
| Cecil          | Vezasie            | 0:43:07 |